



PRESS RELEASE

Mesa Fitness Grand Junction and Community Hospital's Grand Valley Rehabilitation Services Join Forces for Community Health

RELEASE DATE:

11/13/2023

Grand Junction, CO — Mesa Fitness Grand Junction and Community Hospital's Grand Valley Rehabilitation Services are pleased to announce an innovative partnership aimed at enhancing rehabilitation and promoting overall health in the Grand Valley. This collaboration is dedicated to bridging the gap between injury or surgery rehabilitation and sustained health and fitness.

Cole Christensen, Owner of Mesa Fitness, expresses his enthusiasm for this wellness-focused initiative, stating, "This partnership of wellness is one that will help us grow a stronger, healthier community."

Grand Valley Rehabilitation Services provides physical, occupational, and speech therapy at 5 different locations across the Grand Valley. They will offer physical therapy services at the Mesa Fitness location focused on returning patients back to their activities of choice as quickly and safely as possible. Grand Valley Rehab will have access to Mesa Fitness' facilities, allowing them to add exercises in the functional, cardio, additional weight training to their client's rehabilitation plan. This holistic approach to rehabilitation ensures comprehensive care tailored to individual needs.

FOR MEDIA INQUIRIES OR ADDITIONAL INFORMATION, PLEASE CONTACT:

Karen Martsolf

Chief Marketing/Communications Officer (Community Hospital)

 (970) 644-3490  kmartsolf@gjhosp.org

Dylan Bennett

Marketing Director (Mesa Fitness)

 970-255-1656  dylan@mesafitnessco.com